

The Nepal Youth Foundation

Nepal Youth Foundation (NYF) is a U.S. based nonprofit that works to provide Nepal's most impoverished children what should be every child's birthright: freedom, health, shelter and education. For complete information, please visit: www.nepalyouthfoundation.org.

History

NYF was founded in 1990 by Olga Murray at age 65 after she retired from a career as an attorney for the California Supreme Court. At age 88, Olga continues to serve as Honorary President, spending half the year in Nepal and half in the U.S.

Leadership

Som Paneru is NYF's President. Based in Kathmandu, Som has worked at NYF since 1995.

Chapter Offices

The U.S. office functions as NYF's global business headquarters, while the NYF office in Nepal is responsible for program implementation. NYF global chapter offices in Australia, Hong Kong and the United Kingdom work to raise funds and engage new supporters.

Staff

NYF employs a total of 12 staff, with three based in the U.S. and nine in Nepal. NYF's affiliate organizations employ a total of 145 staff in Nepal to implement its programs.

Financial Information

NYF's operating budget for fiscal year 2013-14 is \$2.3 million. Complete financial information available at: www.nepalyouthfoundation.org/about-us/financial-information. We're proud to have earned Charity Navigator's highest 4-star rating for seven consecutive years, a measure of our efficient use of donated funds. Fewer than 2% of all charities earn seven consecutive 4-star ratings.

Number of people served

In fiscal year 2012-13, approximately 7,450 children were served by NYF programs. Since 1990, 40,000 children and youth have been served by our programs, and 62,000 adults have benefitted from our awareness and education programs regarding health, nutrition and children's rights.

The Need in Nepal

With a population of about 30 million and per capita income of \$750, Nepal is one of the poorest countries in the world. Nepal remains near the bottom of the Human Development Index with a ranking of 157th out of 187 countries.

World Bank website: www.worldbank.org/en/country/nepal/overview

41% of children under five years of age are stunted (chronic malnutrition), 11% are wasted (acute malnutrition), and 29% are underweight (chronic and/or acute malnutrition).

Nepal Demographic and Health Survey 2011:

<http://www.mohe.gov.np/english/publication/NDHS%202011%20Full%20version.pdf>

The Nepal Youth Foundation Programs

Nepal Youth Foundation (NYF) provides a comprehensive array of programs designed to meet the special needs of the children and youth we serve. NYF's programs include:

Education Support

NYF is one of the largest non-governmental providers of scholarship assistance in Nepal, supporting underprivileged and disabled children from grade school to graduate school. We also provide students with personal guidance, housing, medical care and psychological counseling, in addition to working with schools to improve educational infrastructure.

Empowering Freed Kamlaris

Since launching our campaign to end the Kamlari system of indentured servitude in 2000, NYF has freed over 12,000 girls who had been forced to work as domestic slaves. The Empowering Freed Kamlari (EFK) program provides the former Kamlaris with educational opportunities, psychological support services, and assistance in building new lives of freedom and self-sufficiency.

Vocational Education and Career Counseling

Vocational Education and Career Counseling (VECC) provides occupational training and counseling for youths looking for an alternative to college, especially those who are in urgent need of income to support themselves and their families. VECC is designed for girls rescued from Kamlari servitude and for NYF scholarship recipients.

Malnutrition Prevention and Treatment

Nutritional Rehabilitation Homes (NRHs) restore severely malnourished children to good health while educating their mothers in nutrition and childcare, while our Nutritional Outreach Camps provide service to rural communities that do not have access to the NRHs. Our Dietician Training Program prepares healthcare workers in government hospitals to manage malnutrition and other diseases through appropriate dietary practices.

New Life Center

Our pioneering New Life Center provides life-prolonging treatment to impoverished children with HIV/AIDS, while teaching their caretakers about living hygienically and cooking nutritiously, two practices that help keep the children healthy and free of infections.

Ankur Counseling Center

The Ankur Counseling Center (ACC) was established to help heal the emotional challenges of the children who come to NYF from backgrounds of trauma, loss, abandonment, neglect and scarcity. ACC provides psychological training to adults and children to promote mental health as well as to fight the stigma surrounding mental health issues.

Children's Homes

As a last resort for children with nowhere else to turn, NYF offers J House and K House — nurturing home environments for orphans, children with disabilities, and children who were abandoned or living on the street.