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Winter 2016

Dear Friends,

Over the past 30+ years, I've had many wonderful, memorable moments in Nepal... but one of the most joyful occurred just a few weeks ago, at the inauguration of our lovely new children's village.

Sitting among dignitaries and supportive friends, I almost had to pinch myself to make sure it wasn't a dream.

In 1992, when we first rented a three-bedroom house and hired a young couple to care for a dozen boys with nowhere else to go, I couldn't have imagined that this day would come. Having some of those original 12 boys - and many other "alumni" J House boys and K House girls - celebrating with us made the day a sort of family reunion.

Olgapuri ("Olga's little oasis" - and what an honor THAT is!) is a beautiful permanent home for the children in our care, a farm to make us virtually self-sufficient in food, and a vocational training center. The younger boys and girls live in separate houses, and when they complete 8th grade, they move next door. The children will live at Olgapuri until they attend college or vocational training; as always, we'll provide for them until they're self-supporting.

I have always admired the staff in Nepal, but with the building of the village, they have knocked my socks off. Overcoming the blockade and shortages while continuing our core programs and providing disaster relief to thousands of earthquake victims would have been accomplishment enough. That they managed to also build Olgapuri Village is a truly remarkable testament to their commitment and smarts and the leadership of Som Paneru, NYF's President. His vision and determination,



and the generosity of NYF's supporters, have created this remarkable home for some of the most impoverished children in the world.

Ultimately, what matters most of course, is not just the beautiful buildings - but the love, nurturing and support these children receive there.

Even after all these years, it's still amazing to see the transformation they experience. Many of them arrive malnourished, dressed in tatters, inexpressibly sad - having endured abuse, abandonment, or grievous loss in their young lives. The love, care, and support they receive from the other children at the houses and the NYF staff works miracles. In no time at all, they are happy, secure children, fully integrated into the J and K House family.

No matter how many times I witness this nearly magical process of love and healing, it never fails to touch me deeply. In fact, it renews my faith in humanity - and my commitment to NYF's wonderful programs.

Thank you for helping to make this all possible! If you're able to give again now, your support will change the lives of these children today, and many more in years to come.

With gratitude,

Olga Murray  
Founder and Honorary President

# A Day to Celebrate

Under blue skies and colorful banners, hundreds of guests gathered in Kathmandu on September 25 for the official inauguration of Olgapuri Village, the beautiful new home for some of the most vulnerable children in our care.

Dedicated to NYF's founder Olga Murray, Olgapuri Village represents the fulfillment of her dream to provide a permanent sanctuary for children with nowhere else to turn.

Nearly 200 children have been raised in NYF's children's homes since we opened our first home for boys in 1992 and for girls three years later. We're proud that so many of these children have progressed to successful working lives and established their own happy families.



We were honored to have Nepali dignitaries and generous NYF supporters in attendance—particularly those from the Jack DeLoss Taylor Charitable Trust. The family's early, ongoing and extremely generous support allowed NYF to purchase the land for Olgapuri and also provided much of the construction funds.

"Olgapuri is the result of Olga's love for Nepalese children, the unprecedented trust of our donors around the world, and our tireless, loyal and extraordinarily efficient team in Nepal," NYF's president Som Paneru told the assembled crowd. "It took us 25 years to reach this destination, but we did it! We are here today to celebrate this mega success - together."

We will celebrate again at an Open House on January 1. While we understand that few people can travel to Nepal to participate, we hope you'll join the celebration online and follow our updates on the website and Facebook. Thank you for being a part of the NYF family!



# A Heartwarming Housewarming

Dozens of supporters from all over the world posted welcoming messages for the Olgapuri children on NYF's website in September. Those sentiments, printed on beautiful banners, fluttered over the crowds at the Inauguration with messages like:

*"Namaste, to the children of Olgapuri: the future is looking bright, remember dreams do come true."*

*"Live life to the full in your new home. Be inspired and inspire others and you will be happy."*

*"Olga's dream is realized. The children of Nepal have a bright future."*

*"Our hearts and prayers fly the waves, hailing your amazing project."*

*"Many blessings and good health to all who dwell here."*



# Fulfilling the Dream...

Dear Friends,

The inauguration of Olgapuri on September 25 marked a significant milestone in the Nepal Youth Foundation's history.

Major construction projects are never easy, and from the groundbreaking until today, we survived not only three monsoon seasons, but also the two devastating 2015 earthquakes.

Additionally, the terribly destructive four-month border blockade through February 2016 caused tremendous human suffering, and also made materials scarce -- doubling or even tripling the prices of some essentials goods. These challenges not only delayed the construction by more than a year, but increased the overall cost of the project -- requiring additional fundraising

Through it all, the NYF team persevered -- and now we are celebrating a beautiful, permanent home for the children in our care.

This project has been extremely special to all of us -- a labor of love, and a tribute to NYF's inspiring founder. Bringing the children to their new homes, and watching Olga's joy at the inauguration event, were highlights that made all the many months of planning and construction well worthwhile.

Olgapuri -- "Olga's little oasis" -- is more than just a dream come true. It's a legacy project, one that will not only provide a home for 80 children and teens each year, but also offer vocational training that offers a decent livelihood to impoverished youth who otherwise face very limited opportunities.

Maintaining a legacy, of course, requires sustaining support. That's why it is so very special when a member of the NYF "family" makes a legacy gift.

This year, NYF lost a long-time friend, Suzanne Langworthy. A retired schoolteacher who taught in Nepal for two years in the 1960s, Miss Langworthy (always Miss, never Ms!), was not shy about mailing back NYF materials corrected with a red pen if she found a typo. While we never met in person, it was clear that she cared deeply about NYF's work. Her gifts, though relatively modest, came frequently and with heartfelt notes.

Earlier this year, we learned that through a few simple lines in her will, Miss Langworthy left a meaningful gift to support the children in our care. She once referred to NYF as "a beacon of light in the darkness", and through her support that light will shine a little longer, and a bit more brightly.

So many friends over the years have included NYF in their estate plans, which is very touching. As people make provisions for their family and loved ones, we're honored that NYF and the children we care for are included in those thoughts and plans.

While I'm not an expert on US tax laws, I do know that our friends there have many options for supporting NYF, and some estate planning choices can reduce tax burdens significantly. The team in Sausalito is happy to answer questions or help coordinate, and can be reached at 415-331-8585 or [Julie@NepalYouthFoundation.org](mailto:Julie@NepalYouthFoundation.org)

With gratitude,



Som Paneru  
President

## ...Sustaining a Legacy

A few minutes today can transform the lives of impoverished Nepali children for decades to come...

Estate planning doesn't always involve complicated trusts or annuities. A legacy gift can be as simple as listing NYF as a beneficiary of a life insurance policy, or including a line in your will that designates a sum or a percentage to "Nepal Youth Foundation, headquartered in Sausalito CA, tax id #68-0224596"

One example that benefits specific individuals is for those aged 70 and older who are required to take distributions from their IRA but don't need the income. They may be eligible to transfer up to \$100,000 annually as charitable donations to a qualified charity like NYF -- avoiding the federal income taxes on the amount.

This "IRA charitable rollover" is just one of the creative giving options that's available. While it's important to



check with your financial advisors regarding what's most suited to your situation, we're always happy to provide information and answer questions.

<http://www.nepalyouthfoundation.org/donate/legacygifts>  
[Julie@nepalyouthfoundation.org](mailto:Julie@nepalyouthfoundation.org), (415) 331-8585

## Staff Chat

Meet Julie Pofsky...



NYF is excited to welcome our new Director of Development, Julie Pofsky. Julie comes to NYF with 13 years of experience of fundraising in the nonprofit sector. Prior to NYF, she worked in Development at California Institute of Integral Studies and Breast Cancer Fund. Julie feels deeply about the health of the planet and its people, and connecting donors with projects they care most about. Have an idea for fundraising or a donation you'd like to talk with her about? Contact her at [julie@nepalyouthfoundation.org](mailto:julie@nepalyouthfoundation.org) or 415-331-8585, x.106.

## The new New Life Center is coming soon

Construction crews broke ground this fall for the new New Life Center – NYF's transitional home for HIV/AIDS-affected children and their caretakers. The specially-designed, seismically-safe new building will be located on the grounds of our Nutritional Rehabilitation Center in Kathmandu.

Each year, approximately 75 children and their mothers spend an average of three months at the center, where they receive medical treatment, psychological counseling, and nutrition education before returning to their homes.

## Hard at work

NYF'S Nutritional Rehabilitation Clinics  
-a model of good health

In July we celebrated the transition of NYF's Nutritional Rehabilitation Home in Chitwan to the Nepal government, on schedule.



NRHs address the underlying malnutrition that's tragically common in Nepal – resulting in the deaths of approximately 30,000 children each year.

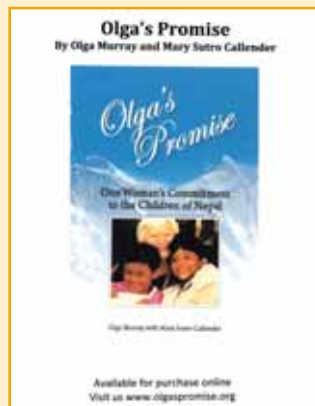
Our team in Nepal builds the clinics on the grounds of regional government hospitals throughout the country, operating them for five years and then turning over the management to the hospitals. When all the NRHs have transitioned, NYF will continue to operate the flagship clinic in Kathmandu as a model program and national training center.

In remote villages throughout the country, NYF staff set up "nutrition camps." Villagers learn about good nutrition and sanitation practices, while the medical team screens children for malnutrition and other health risks. In addition to providing basic treatment on site, staff refer children at severe risk to free NRH services.

To see a short video sharing one girl's amazing recovery: [www.nepalyouthfoundation.org/laxmi](http://www.nepalyouthfoundation.org/laxmi)

## An Inspiring Gift...

Olga's memoir, *Olga's Promise: One Woman's Commitment to the Children of Nepal* tells the story of Olga's childhood in the Bronx, her 37-year career as a lawyer at the California Supreme Court, and her life-changing work with children in Nepal for the past 30 years (and counting!).



Her inspiring story makes a wonderful holiday gift for old and young alike and is available at <http://www.olgaspromise.org>

*From President Jimmy Carter:*  
"Olga Murray, at 90, has been a tireless crusader for the freedom and dignity of thousands of young girls in Nepal consigned to indentured servitude. Olga's Promise is her personal story, which I hope will inspire others to action."

## Your gifts make good things happen

All the wonderful things that you'll read about in this newsletter are only possible because of the generous support of donors like you.

- \$100 helps pay for a child's annual school expenses.
- \$350 helps save a child from dying of malnutrition
- \$500 provides specialized education & medical care for a disabled child
- \$860 puts a girl freed from slavery in vocational training.
- \$2,200 sponsors a child at Olgapuri Children's Village for a year.

Whether it's \$10 or \$10,000, your gift will immediately go to work improving the lives of the children in Nepal – so please give as generously as you can.

Please use the enclosed envelope or donate online at: [www.nepalyouthfoundation.org](http://www.nepalyouthfoundation.org)

